The McGill Model of Nursing: A collaborative approach to health leadership

The McGill Model of Nursing (Model) broadens our perspective on healthy organisations by defining health as the ability to cope with life's challenges through the mobilisation of strengths. **Objective:** To derive practical tools from the Model in order to help health leaders build collaborative partnerships based on strengths. **Method:** Key features of the Model were identified from the literature (health, family, learning and collaboration) and applied in a Nurse Leader’s practice at a University Teaching Institute offering cutting-edge care to people living with mental health problems. **Results:** By using the Model, the Nurse Leader was able identify helpful tools that allowed her to act as a coach and engage others in change. For example, the Model provided questions the health leader could use to identify team strengths. **Conclusion:** By learning about the Model, managers derive new insight about their behaviour's influence on engagement.

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