Bringing research to the bedside: The practice-based research challenge

Participants will learn about an innovative strategy to improve patient care by engaging interprofessional teams in research projects and knowledge translation.

The Practice-based Research Challenge has engaged 200 point-of-care clinicians and funded 34 teams. Each team was paired with an experienced research mentor and participants attended workshops on research methods.

Support from leadership was vital, as was the supportive role of the mentor. Most importantly, we found that point-of-care clinicians were interested and willing to participate in research with some support.

The evaluation of the Research Challenge showed that the program was enthusiastically supported by managers and participants. Research projects led to patient care improvements, cost savings, and benefits for clinicians in understanding research and promoting evidence-informed practice.